

Kentucky 4-H Youth Development

Kentucky 4-H Achievement Application

Name:

County: Area:

Check the box for the Achievement Level you are applying for and ensure that all the requirements for that level have been completed. (Note: the points refer to the accumulated points from the Achievement Application)

| \checkmark | Level | Requirements for that Level |
|--------------|----------------|--|
| | Clover Level 1 | Be 10 years old by January 1, 2024 Have a minimum of 25 points |
| | Clover Level 2 | Be 11 years old by January 1, 2024.Have a minimum of 50 points. |
| | Clover Level 3 | Be 12 years old by January 1, 2024.Have a minimum of 75 points. |
| | Bronze | Be 13 years old by January 1, 2024. Have a minimum of 100 points. Have completed Bronze Profile Page. |
| | Silver | Be 14 years old by January 1, 2024. Have a minimum of 150 points. Have completed Silver Profile Page. |
| | Gold | Be 15 years old by January 1, 2024. Have a minimum of 200 points. Have completed Gold Profile Page. |
| | Emerald | Have previously achieved Gold Achievement Level. Be 16 years old by January 1, 2024. Have an updated application. Have a 3-5 minute video. Have two letters of recommendation. Have a cover letter and resume (these must be brought to the interview). |

Cooperative Extension Service

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.



t Lexington, KY 40506

Kentucky 4-H Achievement Profile Page

| Photograph | Feature Story |
|-----------------------------|-----------------------------------|
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| Top 4-H Story | Outstanding 4-H Honors and Awards |
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| How has 4-H influenced you? | My 4-H Clubs |
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ELIGIBILITY REQUIREMENTS

- The applicant must be an enrolled 4-H member in good standing in his/her county. Youth who have reached their nineteenth birthday before January 1, 2024 are not eligible to apply.
- The applicant is required to have participated and been a 4-H member in Kentucky for at least one year.
- The application should report on 4-H specific activities, events, or projects unless otherwise noted.
- An activity, event, project, or program may only be used once in one area per program year.

DIRECTIONS FOR COMPLETING APPLICATION

In the 4-H Achievement program, points are earned in five categories: leadership, civic engagement, communication/marketing, community action, and participation. On the application:

- 4-Hers may record all qualifying entries from ages 9-18 years old (see 4-H age policy). Cloverbud activities are not eligible and should not be included on the Achievement application.
- Since points accumulate each year, it may be necessary to add additional rows to record entries. To add rows: click in the row above the area needed to add a row, click the 'layout' tab at the top, and click on 'insert below'. Note that although rows may be added, additional categories and/or areas may not be added.
- Descriptions for entries should be short and concise.
- An entry may include participation on the county, multi-county/area, state, and national level. These can be recorded on the same line. Note C = County; M/A = Multi-County/Area; S=State; N=National.
- The category under each section is limited to two entries per year.
- Each entry must be completed in its entirety for points to be awarded for that entry.

Calculating Points

- 1. Do not enter zeros, leave boxes blank.
- 2. At the end of each area, there is a place to enter that area's totals.
- 3. Totals should include all entries in that area from current and previous years.
- 4. Record all area totals in the table at the end of each category.
- 5. After the application is complete, record the category totals in Table 1.

Bronze, Silver, and Gold Profile Page Information

Note: A Profile Page (see page 2) is only required for those applying for Bronze, Silver, and Gold Achievement Levels (this is not required of those applying for Clover Level 1, 2, or 3 Levels).

The Profile Page is designed to provide judges a glimpse of your 4-H career, and how 4-H has impacted you. Complete each section based upon the heading. Use Times New Roman or Arial 12-point font. Do not expand the box areas provided.

- Box 1: Photograph: Insert a recent headshot photography of yourself.
- Box 2: Feature Story: Describe what makes your 4-H story and experience unique.
- Box 3: Top 4-H Projects: List the 4-H projects you have participated in that you consider your top projects.
- Box 4: Outstanding 4-H Honors and Awards: List the top 4-H awards that you have received.
- Box 5: How has 4-H influenced you?: Explain how your involvement in 4-H has impacted your life.
- Box 6: My 4-H Clubs: List the 4-H clubs that you are currently an active member in.

| | XEAFECTATIONS | | |
|--|---|--|---|
| Bronze | Silver | Gold | Emerald |
| • Attend Kentucky 4-H Teen Conference | • Attend Kentucky 4- H Teen Conference | Attend Kentucky 4- H Teen Conference Attend National 4-H Congress | Attend Kentucky 4-H Teen Conference Attend National 4-H Conference Attend the Kentucky 4-H Foundation Emerald Gala Serve as an ambassador to the Kentucky 4-H Program and the Kentucky 4-H Foundation Serve as 4-H alumni and volunteer |

ACHIEVEMENT WINNER EXPECTATIONS

PERSONAL INFORMATION

| First Name: | Last Name: | Middle Initial: |
|------------------------------------|----------------|------------------------|
| Address: | | |
| City: | State: Zip: | Gender: |
| Age on January 1, 2024: Birthdate: | Years in 4-H:Y | Years in Kentucky 4-H: |
| Parent /Guardian's Name: | | |
| Cell Phone Number: | Email Address: | |
| Race: | Ethnicity | ý |

Table 1.

| Category | Total Points Per Category |
|-------------------------|---------------------------|
| Leadership | |
| Civic Engagement | |
| Communication/Marketing | |
| Community Action | |
| Participation | |
| TOTAL POINTS | |

| Year | Favorite 4-H Project | Biggest 4-H Accomplishment | How will 4-H help you in the future? |
|------|----------------------|----------------------------|--------------------------------------|
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What are your plans after graduating high school?

I certify that the information contained in this application is correct and truthfully reflects my personal and 4-H career. I agree, if any information within this application is found to be falsified in any way, my application will become null and void. I understand and agree that statements and quotes made in this application are the property of the Kentucky 4-H Youth Development Program and may be used for educational or promotional purposes.

I hereby authorize any person or entity to release to the Kentucky 4-H Youth Development Program and Kentucky 4-H Foundation, or their authorized representatives, information concerning the subject matter of the statements I have made in this application or video. A copy of this authorization is agreed by the undersigned to have the same effect and force as an original. Any person, firm or entity releasing matters pursuant to this authorization is hereby absolved from any liability.

I certify that:

- This applicant has been enrolled in the Kentucky 4-H Youth Development Program for the 2024 Program Year.
- The application is complete, the work has been completed by the 4-H member submitting the application, and all necessary attachments are included in the packet.
- I recommend the applicant be considered for a Kentucky 4-H Achievement Award.

Electronic signatures are permitted.

| Member: | |
|---|--|
| Signature | Print |
| Parent/Guardian: | |
| Signature | Print |
| Agent: | |
| Signature | Print |
| PUBLICITY RELEASE I hereby grant the 4-H program, University of Kentucky an still pictures, video and sound recordings of myself or my n advertising, educational publications or online content. | nd their agents, the right to use, reproduce, assign and/or distribute minor child without compensation for use in promotion, |
| Signature of Parent/Guardian: | □ NO, I do not permit. |

LEADERSHIP

4-H Officer Position Must hold a 4-H Officer Position

| Year | Officer Position | 4-H Club | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
|------|------------------|----------|-----------|--------------|------------|-----------|-----------------|
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Total Officer Points

4-H Committee Chair

Must be the Committee Chair

| Year | Committee Chaired | Committee Function | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
|------|-------------------|--------------------|-----------|--------------|------------|-----------|-----------------|
| | | | 1 pt | 2 pts | 5 pts | 4pts | Fonits |
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Total Committee Points

4-H Counselor

Counselor is defined as a specific role held by the 4-H member in which they assist in supervising others, such as in a camp setting.

| Year | Issue | Number | Specific Outcomes | С | M/A | S | Ν | Total |
|------|-------|----------|-------------------|------|----------|------------|-------|--------|
| | | in Group | | 1 pt | 2 pts | 3 pts | 4pts | Points |
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Total Counselor Points

Assist 4-H Agent, 4-H Program Assistant, or Volunteer Club Leader

| Year | 4-H Duties | How Assisted | Skill/Knowledge Gained | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
|------|------------|--------------|------------------------|-----------|--------------|------------|-----------|-----------------|
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Total Assisting Points

4-H Community Presentation

Ex: Presentation to Rotary, School Board, Lions Club or other group about 4-H.

| Year | Type of Presentation | Audience | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
|---------------------------|----------------------|----------|-----------|--------------|------------|-----------|-----------------|
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| Total Presentation Points | | | | | | | |

4-H Mentor

A 4-H youth mentor is a young person that assists in supporting younger 4-H members by offering encouragement and helping 4-H members strive to reach their goals through positive relationship-building.

| Year | Mentorship Focus | How Mentor Helped 4-H'ers | Skill/ Knowledge Gained | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
|------|---------------------|------------------------------|-------------------------|-----------|--------------|------------|-----------|-----------------|
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Total Mentor Points

Coordinate or Facilitate 4-H Program or Event

| Year | 4-H Duties | What Did You Coordinate | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
|------|------------|-------------------------|-----------|--------------|------------|-----------|-----------------|
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Total Coordinate Points

Job Shadowing Organized by 4-H

| Year | Type of Job Shadowed | Your Role | Skill/Knowledge Gained | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
|------|-------------------------|-----------|------------------------|-----------|--------------|------------|-----------|-----------------|
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Total Job Shadowing Points

Extended Leadership Activities Outside of 4-H

Provide information about other significant leadership experiences you have had beyond your 4-H involvement. Where the activity was organized is how points are calculated. Example: County Organized Activity = 1 point Limit of two entries per year

| Year | External Leadership Involvement | Group | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
|------|---------------------------------|-------|-----------|--------------|------------|-----------|-----------------|
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Total Extended Leadership Points

LEADERSHIP TOTAL

| TOTAL | |
|---|--|
| Total Extended Leadership Points | |
| Total Job Shadowing Organized by 4-H | |
| Total Coordinate or Facilitate 4-H Event Points | |
| Total 4-H Mentor Points | |
| Total 4-H Community Presentation Points | |
| Total Assisting 4-H Leader Points | |
| Total 4-H Counselor Points | |
| Total 4-H Committee Chair Points | |
| Total 4-H Officer Points | |

CIVIC ENGAGEMENT

Visit the Kentucky State Capital or National Capital

See Kentucky 4-H Curriculum Citizenship: 4-H A Capitol Experience

| Year | Capital | Skill/ Knowledge Gained | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
|------|---------|-------------------------|-----------|--------------|------------|-----------|-----------------|
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Total Capital Visitation Points

Tour Kentucky Courthouses and/or Other Kentucky Government Buildings

See Kentucky 4-H Curriculum Citizenship: Exploring Our Culture

| Year | County | Building Toured | Skill/ Knowledge Gained | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
|------|--------|-----------------|-------------------------|-----------|--------------|------------|-----------|-----------------|
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Total Courthouse/Buildings Visitation Points

Attend Government/Elected Official Meetings See Kentucky 4-H Curriculum Citizenship: From the Ground Ut

| Year | County | Function Attended | Skill/ Knowledge Gained | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
|------|--------|-------------------|-------------------------|-----------|--------------|------------|-----------|-----------------|
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Total Meeting Points

Campaign for 4-H Offices

See Kentucky 4-H Curriculum Citizenship: From the Ground Up; Note: You must be the individual to campaign for office.

| Year | Position Sought | Activities Performed | Skill/ Knowledge Gained | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
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Total Campaign Points

Visit Historical Landmarks

See Kentucky 4-H Curriculum Citizenship: Exploring Our Culture Limit of two entries per year

| Year | County | Landmark toured | Skill/ Knowledge Gained | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
|------|--------|-----------------|-------------------------|-----------|--------------|------------|-----------|-----------------|
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Total Landmark Points

Extended Civic Engagement Activities Outside of 4-H

Provide information about other significant experiences you have had beyond your 4-H involvement. Where the activity was organized is how points are calculated. Example: County Organized Activity = 1 point

Limit of two entries per year

| Year | External Citizenship Activity | Significance | Skill/ Knowledge Gained | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
|------|----------------------------------|--------------|-------------------------|-----------|--------------|------------|-----------|-----------------|
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Total Extended Citizenship Points

CIVIC ENGAGEMENT TOTAL

| Total Capitol Visitation Points | |
|-----------------------------------|--|
| Total Government Building Points | |
| Total Meeting Points | |
| Total Campaign Points | |
| Total Landmark Visitation Points | |
| Total Extended Citizenship Points | |
| TOTAL | |

COMMUNICATION/MARKETING

4-H Communication Contest

Example: 4-H Speech, Demonstration, Written Communication Contest

| Year | Type of Contest | Skill/ Knowledge Gained | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
|------------------------------------|-----------------|-------------------------|-----------|--------------|------------|-----------|-----------------|
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| Total Communication Contest Points | | | | | | | |

4-H Radio/Television

Example: 4-H Appearance, Public Service Announcements

| Year | Type of Communication | Audience | Skill/ Knowledge Gained | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
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Total Radio/Television Points

4-H Print Communication

Example: 4-Her designed brochure, wrote newsletter article, developed displays

| Year | Type of Communication | Audience | Skill/ Knowledge Gained | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
|------|--------------------------|----------|-------------------------|------------|--------------|------------|-----------|-----------------|
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Total Print Communication Points

4-H Social Media, Digital Media, or Online Communication

Example: 4-Her designed and posted agent approved content on official social media page.

| Year | Type of Communication | Audience | Description | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
|------|--------------------------|----------|-------------|-----------|--------------|------------|-----------|-----------------|
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Total Digital Media Points

Extended Communication/Marketing Activities Outside of 4-H

Provide information about other significant experiences you have had beyond your 4-H involvement. Where the activity was organized is how points are calculated. Example: County Organized Activity = 1 point

Limit of two entries per year

| Year | Type of External Communication | Audience | Skill/ Knowledge Gained | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
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Total Extended Communication Points

COMMUNICATION/MARKETING TOTAL

| Total 4-H Communication Contest Points | |
|--|--|
| Total 4-H Radio/Television Points | |
| Total 4-H Print Communication Points | |
| Total 4-H Social or Digital Media Points | |
| Total Extended Communication Points | |
| TOTAL | |

COMMUNITY ACTION

Organize and Plan a 4-H Community Action Project Example: 4-Her planned and facilitated a tree planting event.

| Year | Type of Service Project | Description | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
|--------------------------------|----------------------------|-------------|-----------|--------------|------------|-----------|-----------------|
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| Total Community Service Points | | | | | | | |

Generate Funds or Solicit Donations for 4-H

Note that prior approval by the 4-H is required for generating funds or soliciting donations.

| Year | Type of Fundraiser | Audience | Your Role | Skill/ Knowledge Gained | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
|------|-----------------------|----------|-----------|-------------------------|-----------|--------------|------------|-----------|-----------------|
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Total Fundraising Points

4-H Volunteer Service for the Betterment of My Community

Example: Community Trash Cleanup Event

| Year | Type of Project | Audience | Your role | Skill/ Knowledge Gained | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
|------|--------------------|----------|-----------|-------------------------|-----------|--------------|------------|-----------|-----------------|
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Total Volunteer Service Points

Extended Community Service Activities Outside of 4-H

Provide information about other significant experiences you have had beyond your 4-H involvement. Where the activity was organized is how points are calculated. Example: County Organized Activity = 1 point

Limit of two entries per year

| Year | Type of External Service | Audience | Skill/ Knowledge Gained | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
|--|-----------------------------|----------|-------------------------|-----------|--------------|------------|-----------|-----------------|
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| Total Extended Community Action Points | | | | | | | | |

COMMUNITY ACTION TOTAL

| Total Community Service Points | |
|---------------------------------|--|
| Total Fundraising Points | |
| Total Volunteer Service Points | |
| Total Extended Community Points | |
| TOTAL | |

INVOLVEMENT and PARTICIPATION

This area is used to assist judges in understanding the 4-H member's total involvement in the 4-H program.

Examples: 4-H Conferences, 4-H Camps, 4-H Fair/4-H Rally Days, 4-H Trainings, 4-H Programs, 4-H Activities, 4-H Workshops, 4-H Contests, 4-H Club Meetings, 4-H Events, 4-H Record Books, 4-H Exchange Trips, 4-H Field Trips

Clover Level Participation cannot exceed the point levels specified below.

- Clover Level I participation must not exceed 20 points.
- Clover Level II participation must not exceed 15 points.
- Clover Level III participation must not exceed 10 points.

| Year | Clover Level | Type of 4-H Involvement | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
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Total Clover Level Participation Points

Bronze, Silver, and Gold Participation

| Year | Type of 4-H Involvement | | | |
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Special 4-H Recognition and Awards

| Year | Type of 4-H Recognition | Item/Activity Recognized | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
|---------------------------|-------------------------|--------------------------|-----------|--------------|------------|-----------|-----------------|
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| Total Passagnition Points | | | | | | | |

Total Recognition Points

Extended Participation Activities Outside of 4-H

Provide information about other significant experiences you have had beyond your 4-H involvement. Where the activity was organized is how points are calculated. Example: County Organized Activity = 1 point

Limit of two entries per year

| Year | Type of External Participation | Audience | Skill/Knowledge Gained | C 1 pt | M/A 2 pts | S 3 pts | N 4pts | Total Points |
|------|-----------------------------------|----------|------------------------|-----------|--------------|------------|-----------|-----------------|
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Total Extended Participation Points

INVOLVEMENT and PARTICIPATION TOTAL

| Total Participation Points | | |
|-------------------------------------|-------|--|
| Total Special Recognition Points | | |
| Total Extended Participation Points | | |
| | TOTAL | |