

FLEMING COUNTY 4-H NEWSLETTER

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4-H Enrollment 2025-2026

4-H Enrollment for the 2025-2026 program year will kick off in September! If you were enrolled for 2024-2025 be on the lookout for a re-enrollment email, if you would like to enroll for the first time visit <https://v2.4honline.com/#/user/sign-in> to get started today! Assistance with 4-H Online or receiving a paper copy is available by contacting the Fleming County Extension Office.

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Message from the Agent

It is so hard to believe that summer 2025 is a wrap! From 4-H Camp 4-H Teen Conference, 4-H Project Workshops, Ewing Fleming County Fair all made this a summer to remember! 4-H Enrollment will start again in September, so get ready to get involved for 2025-2026!



Staci Thrasher

Cooperative
Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Disabilities
accommodated
with prior notification.

4-H Camp in Pictures

May 26-30, 2025 Fleming County 4-H Kicked off Summer with a BANG! at North Central 4-H Camp for our annual 5 day 4 night 4-H Summer Camp event! Campers spent time hiking, canoeing, swimming, playing games, making friends and so much more! There was alot of fun, alot of memories and a WHOLE lot of rain! It was an unforgettable experience!



4-H Teen Conference

4-Hers Bobbi Applegate, Evan Arrasmith and Terri Applegate attended 4-H Teen Conference June 10-13th. The 4 day 3 night leadership conference gave our 4-Hers the opportunity to engage with over 500 youth from all over the state of Kentucky while experiencing everything the University of Kentucky has to offer.

4-H Teen Conference In Pictures



4-H Cloverbud Camp

Our 4-H Cloverbuds ages 6-8 years old spent the weekend June 27-29 at North Central 4-H Camp Canoeing, making s'mores, building rockets, sallying, and so much more!



Ewing Fleming County Fair

Many 4-H Members spent July 9-12th participating in the Ewing Fleming County Fair! Several students entered Floral Hall projects to be considered for the Kentucky State Fair, and several of our 4-H Livestock Exhibitors brought their projects out to the fair!

4-H Project Days in Pictures



Ewing/Fleming County Fair July 9th-12th, 2025

Floral Hall Results:

Horticulture & Plant Science:

Class 583 Beans - Kayleigh Bussell

Class 581 Cucumbers - Kayleigh Bussell

Class 575 Cherry Tomatoes - Kayleigh Bussell

Home Environment:

894 Decorative Item for the Home - Kayleigh Bussell

Class 899 Individual Place Setting - Jean Ramsey

Electricity:

Class 645 Parallel Circuits - Charleigh Berry

Class 651 Wire Display - Ryleigh Berry

Forestry:

Class 703 1st Year Leaf Collection - Charleigh Berry

Class 705 2nd Year Leaf Collection - Ryleigh Berry

Arts & Crafts

Class 727 a Jr. Acrylic - Rosa Jane Johnson

Class 727 b Sr. Acrylic - Terri Applegate

Class 757 a Jr. Clay - Marlee Grannis

Class 748 a Jr Color Pencil - Caelyn Howard

ANR Youth Day Camp

In July, 11 Fleming County 4-Hers embarked on ANR Day Camp Adventures! Youth toured the Kentucky Horse Park, Bluegrass Stockyards, Stepping Stone Farm, Spy Coast Farm, Newport Aquarium and the Campbell County Environmental Education Center!

ANR Day Camp in Pictures



4-H Horse Club

4-H Horse Club wrapped up an excellent club year this summer and is looking forward to 2025-2026 program year! The Golden Reins 4-H Horse Club meets monthly and gives Fleming County youth the opportunity to learn all about horses! The fall is a great time to get involved and be a part of this growing club! Contact the Extension Office to learn how to join!



4-H Shooting Sports Club

The Fleming County 4-H Shooting Sports Club has stayed busy this summer practicing at the range and gearing up for State Shoot in September! In June the club hosted an invitational fundraiser and hosted over 75 youth from 8 counties to compete!

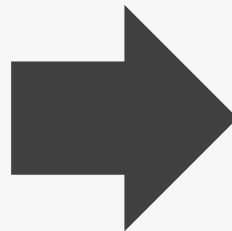
Enroll a New Member

1. Open Google Chrome, and go to <https://www.4honline.com/#/user/sign-in> to start the enrollment process. If you are a new family enrolling for the first time, select **Don't have an account?** to start the process.
2. Select your state – **Kentucky**
3. Select - **Kentucky 4-H Youth Development**.
4. Select the county where your residence is located. – **Fleming County**
5. Complete the **Create Your Account** page, and then **Verify Your Address** on the next page.
6. Select which program you would like to join. Click **4-H** and then **Next**.
7. Complete the **Add Member** page, click **Next**.
8. Complete the **About You** page, click **Next**.
9. Select **I want to join 4-H as a New or Returning Member**, click **finish**.
10. Click **Select Clubs** and select–
“Fleming County 4-H” (All Fleming County 4-Hers will begin in this “club”)
11. Click **Select Projects**, and select -
24 Exploring 4-H Click **Next**.
12. Click **Show Questions**, and review your demographic data. Complete any additional information needed, click **Next**.
13. Select **Show Health Form**, and complete needed information. Sign at the bottom of the page, click **Next**.
14. Select **Show Consents**, and complete the needed information. **Sign each consent**, click **Next**.

A confirmation page will be last where you will click **Submit** to submit your enrollment. This takes you back to your family account where you can **Add Member** to enroll any other youth or volunteer members in your household.

Once your enrollment has been approved, you will receive an email letting you know.

*Scan QR code to head straight
to the 4-H Online Website*



Re-Enroll

1. Open Google Chrome, and go to <https://www.4honline.com/#/user/sign-in> to start the re-enrollment process. Click **Reset Password** to get access to your old account information sent to your family email.

If you do not know your family email, contact the Fleming County Extension office 606-845-4641, once you are signed into the new 2.0 site, you will see your family's account. From this page you can add a new member or re-enroll an already existing member.

– **Password Reset Emails will be delivered from “RegMax” Call the Extension Office if you have issues resetting the password**

2. Select **Enroll Now** next to the member you wish to re-enroll. This will guide you through the re-enrollment process.

3. Click **Select Clubs** and select:

Fleming County 4-H

4. Click **Select Projects**, and select

24 Exploring 4-H Click **Next**.

5. Click **Show Questions**, and review your demographic data. Complete any additional information needed, click **Next**.

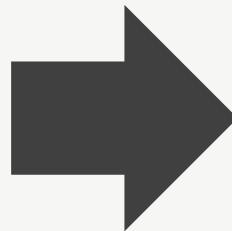
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Pumpkin Apple Muffins

1 ¼ cups all-purpose flour
1 ¼ cups whole-wheat flour
1 ¼ teaspoons baking soda
½ teaspoon salt
1 ½ teaspoons ground cinnamon

½ teaspoon ground ginger
½ teaspoon ground nutmeg
1 ¼ cups honey
2 large eggs

1 ½ cups fresh pureed pumpkin
½ cup canola oil
2 cups Granny Smith apples, finely chopped

Preheat oven to 325 degrees F. In a large bowl, **combine** flours, baking soda, salt and spices. In a small bowl, **combine** honey, eggs, pumpkin and oil; **stir** into dry ingredients just until moistened. **Fold** in apples. **Fill** greased or paper lined muffin cups, two-thirds full. **Bake** for 25 to 30 minutes or until muffins test done. **Cool** for 10 minutes before removing from pan.

Note: Can substitute two cups granulated sugar for honey, decrease baking soda by ¼ teaspoon and increase oven temperature to 350 degrees F.

Yield: 18 muffins

Nutritional Analysis: 200 calories, 7 g fat, 0.5 g saturated fat, 35 mg cholesterol, 160 mg sodium, 35 g carbohydrate, 2 g fiber, 20 g sugar, 3 g protein



Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.

KENTUCKY STATE FAIR

AUGUST 14 – 24



KY EXPO CENTER