



Sign-Up Today!



2021-2022 Enrollment Form Fleming County Extension Homemakers

Yearly Dues: \$8.00 • Please make checks out to: *Fleming County Homemakers*

First Name: _____ Middle Initial: _____ Last Name: _____

Club Name: _____ Address: _____

or Mailbox Member _____

Email: _____

Sex: Female Male

Home Phone: _____ Cell Phone: _____

Work Phone: _____ Fax Number: _____

Ethnic Background (Optional): White Black Hispanic Asian Other

Age Group (Check One) Enrollment Type:

15-19 20-24 Yearly Renewal New Member

25-34 35-44 Number of Years in Club Membership: _____

45-54 55-64

65-74 75+

I (print, full Name) _____ hereby grant permission to the University of Kentucky, including its affiliates and subsidiaries, and Kentucky Extension Homemakers Association, Inc. to interview, photograph, and/or video/ape me; and/or supervise any others who may do the interview, photography, and/or videotaping, and/or to use and/or permit others to use information from the aforementioned interview and/or the aforementioned images in educational and promotional activities and publications without compensation.

Signature: _____ Date: _____

The Kentucky Cooperative Services is required by federal law to collect and maintain information regarding the characteristics of the people we serve. The information you supply is voluntary.

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
LEXINGTON, KY 40546



Disabilities accommodated with prior notification.

Fleming County Extension Homemaker 2021-2022 Educational Lessons:

Leader Lesson	Month Used For	Month To Teach
Living with Loss: Self-Care and Managing Grief	Sept	Aug. (Mont. Co)
Sensational Salads	Oct	Aug. (Mont. Co)
Sharpening Up Your Knife Skills	Nov	Aug. (Mont. Co)
Small Appliances (EPPC and AirFryers)	Jan	Dec. (Mail-out)
Reducing the Risk of Identity Theft	Feb	Jan. (Mail-out)
Cast Iron/DutchOven	Mar	Feb. (Mason Co.)
Plate It Up! Kentucky Proud	Apr	Feb. (Mason Co)
Savings Savvy with Grocery List and Coupon Apps	May	Feb. (Mason Co)
Fun ActivityFood Trends		Feb. (Mason Co)

NEIGHBORHOOD KIDS HOMEMAKERS
(Open to students who are 4th to 12th graders.)
Who want to learn about leadership, life skills, and some community service opportunities for youth. This youth club involves officers, a business meeting and an educational program, tailored to students' interests, including monthly club meetings, workshops, travel & fun. Monthly club meetings are after school at the FCEO, 6pm.



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service



Become a Member of...

Fleming County Extension Homemakers

2021-2022 Club Officers: (L to R)

Violet Barbee, President;
Glenna Peterson, Vice President;
Erienne Schumacher, Treasurer
and Jennifer James, Secretary.



Extension Homemakers are sponsored by
the University of Kentucky
Cooperative Extension Service,
College of Agriculture, Food and Environment.

Fleming County Extension Homemakers

Besides making new friends, you will gain knowledge and many new skills. Extension Homemakers consist of groups of friends, neighbors and community members who organize in order to strengthen individuals and families through continued learning, leadership development and community involvement.

Extension Homemakers assist the Extension Service with promoting Extension programs and sharing educational knowledge and resources with others in their communities.



During 2020, the "Neighborhood Kids" Homemaker Club stitched these Holiday Gift Bags and then filled the bags with items donated by other members of Fleming County Extension Homemaker Clubs. These bags were given to the for the 22 homebound residents served.

What Are Extension Homemakers Involved In?

Extension Homemakers offer friendship and fun! Our members are enthusiastic and dedicated to their families and community. Members have a great time with any project they assume.

Extension Homemakers involved in clubs have monthly meetings.

Mailbox Members participate in programs and meetings as their schedule will allow, and receive newsletters and lesson materials in the mail.

Other than club meetings and educational programs, Extension Homemakers are involved in a variety of activities.

Fleming County Extension Homemakers...

- Offer a \$500 scholarship to one high school graduate
- Take field trips
- Attend state and area programs—and are leaders and officers at the area and state level
- Host fundraisers for special projects
- Enter items in Cultural Arts Program
- Support Ovarian Cancer Research—over \$1,000,000 has been donated to the UK Markey Cancer Center since this project began
- Join together for social functions
- Make quilts and comfort pillows for Hospital patients.
- Much, much more!

Fleming County Cooperative Extension Service

P.O. Box 192
Flemingsburg, KY 41041
(606) 845-4641

<http://ces.ca.uky.edu/fleming/>

<https://www.facebook.com/fcfcsc>



Upcoming Events

- | | |
|---------|---|
| Sept 6 | Labor Day (Office Closed) |
| Sept 7 | Fleming Co. Yarn Club, 6p m |
| Sept 13 | Fleming Co. HM Membership Drive, 3pm-6pm |
| Sept 13 | Fleming Co. HM Council Meeting, 6pm |
| Sept 28 | Cultural Arts Entry Submission DEADLINE to FCEO |
| Oct 6 | Veteran's Day of Valor & Honor, 12pm, Bath Co. Ext. |
| Oct 11 | LRA HM Skills Day, 10am-3pm, Bath Co. Ext. |
| Oct 19 | Introduction to Investing, Part 1, 7:30pm, Online |
| Nov 4 | LRA HM Annual Meeting, Blue Licks State Park |
| Nov 16 | Introduction to Investing, Part 2, 7:30pm, Online |

Become a Member of...

**Fleming County
Extension Homemakers**