

4-H Country Ham Curing

What to Bring

January 18th, 2021

Cooperative Extension Service

Fleming County

PO Box 192

Flemingsburg KY 41041-0192

(606) 845-4641

Fax: (606) 845-6311

<http://extension.ca.uky.edu>

staci.newsom@uky.edu



Brown Sugar – 1 pound

-You will mix ½ pound of brown sugar with 2 pounds of cure mix per ham.



Rubber Gloves – 1 pair per person attending to help with the country hams.



Small tote approximately 25 in wide x 18 x 8 in deep (give or take)

-This you will use to mix your ham with the cure seasoning, then will take home with you.

-Totes will NOT be provided. You must take your tote with you when you leave!

Optional –

- Trimming Knife

